



**Massachusetts Conference for Women  
Boston Convention & Exhibition Center  
November 30<sup>th</sup>, 2022  
Luncheon Menu with Ingredients**

**STANDARD MEAL:**

**Shaved Turkey Sandwich on Herb Focaccia:**

Cape Cod Chips  
Whiskey Chocolate Cookie

**Menu Ingredients:**

**Shaved Turkey Sandwich on Herb Focaccia:**

Flour, Wheat, Salt, Parsley, Yeast, Basil, Dried Cranberries, Sugar, Red Wine Vinegar, Arugula, Dried Apricots, Turkey

**Cape Cod Chips:**

Potatoes, Vegetable Oils (Canola, Sunflower, Safflower) Sea Salt

**Whiskey Chocolate Cookie:**

Chocolate Chips, Chocolate Discs, All Purpose Flour, Whole Wheat Flour, Cocoa Powder, Baking Soda, Kosher Salt, Butter, Light Brown Sugar, Granulated Sugar, Eggs, Vanilla Extract, Whiskey, Maldon Salt

**SPECIALTY MEAL: Vegetarian/Vegan/Gluten lunch:**

**Roasted Vegetable and Quinoa Tabbouleh Salad**

Cape Cod Chips  
Eggnog Panna Cotta

**Menu Ingredients:**

**Roasted Vegetable and Quinoa Tabbouleh Salad (AVG, V):**

Quinoa, Parsley, Tomato, Cucumber, Butternut Squash, Filtered Water, Organic Sunflower Oil, Organic Extra Virgin Olive Oil, Lemon Pulp, Organic Honey, White Balsamic Vinegar, Shallots, Brown Sugar, Red Wine Vinegar, Sherry Vinegar, Sea Salt, Onion, Organic Sugar, Mustard (Water, Organic Distilled Vinegar, Mustard Seed, Salt, Dehydrated Horseradish, Turmeric, Natural Flavor), Lemon Juice Concentrate, Pear Juice Concentrate, Parsley, Citric Acid, Xanthan Gum, Lemon Peel, Cucumber, Turmeric.

**Cape Cod Chips:**

Potatoes, Vegetable Oils (Canola, Sunflower, Safflower) Sea Salt

**Eggnog Panna Cotta:**

Rum Extract, Coconut Milk, Nutmeg, Cornstarch, Sugar